



Tackle Football

Flag Football

Northern Dutchess Raiders

Fall 2023 Season

Practice begins August 2023.
All practices and home games in Millbrook, NY.

April 1, 2023: Registration opens to residents of the
Dover, Millbrook, Pine Plains, Rhinebeck, and Webutuck school districts.

[Register NOW!!!](#)



Roster size is limited.

Athlete grade in September 2023 ... will play
Kindergarten - 2nd grade ... Flag Football
3rd grade ... Flag Football or Tackle Football
4th grade - 6th grade ... Tackle Football

NDR also offers competitive & non competitive Cheer Teams!!!

For more information visit [Northern Dutchess Raiders](#)
or email
Eric.NDRaiders@gmail.com or John.NDRaiders@gmail.com.

NDR: TRAINING FUTURE

Millbrook / Webutuck

BLAZERS



Pine Plains / Rhinebeck

BOMBERS



Dover

DRAGONS



Beginning June 1, 2023, Football Registration opens to neighboring school districts.